



Enlighten for you

We are an independent consultancy for Employee Assistance Programmes (EAP's) both in the UK and Globally.

Our highly experienced long serving team have extensive EAP market sector knowledge. Our flexible, innovative approach, enables us to offer excellent value EAP packages, provide high quality account support management for the EAP coordinator and develop long term relationships with our clients, some extending for ten years or more.

Finding the right EAP for your needs

With so many suppliers, finding an EAP that fits with your criteria can be time consuming.

Here at enlighten we do the groundwork for you, all we need is an employee headcount and your company details. EAPs are greatly beneficial to employee's mental health and wellbeing, this usage will be shown in regular reports. EAP's assist in supporting employees, improving productivity and reducing absence. The importance of communicating the EAP message to employees is key to a successful EAP, enlighten support the HR team to achieve this.

Market review

Already have an EAP in place? Why not let us review the EAP market for you? If you want to change provider we can assist and facilitate everything to ensure a smooth transition. Or you may decide to remain with your current provider, but at a better rate.

How is enlighten different?

We are unique as we are independent, with an impartial view of the suppliers, which enables us to source the right EAP for companies or organisations.

Our ethos is to provide a prompt, individual service ensuring we achieve best value for money, in what is a complex market place.

Enlighten works with businesses, charities and the public sector including NHS and education sector.

Forms of support

There are many forms of support available from a telephone EAP to an EAP with face to face counselling sessions included. The EAP support can be tailored to your company's preference.

We can provide online interactive services to promote the EAP service to your employees. We will provide usage information to the EAP contact as part of our account management service. Digital or hard paper copies of promotional material, EAP App, posters & handouts can be arranged depending on your company's preference.

Benefits

Employee discounts are also available for discounts on holidays, high street brands, utilities, gift cards and much more.

We are also able to assist with health cash plans, health kiosks and wellbeing training.

The Team



Paul has over twenty years' experience working within the business health and wellbeing arena. Paul set up enlighten fourteen years ago and continues to lead the team. Paul is an executive member of the UK EAPA, and enlighten are also accredited.



The Enlighten team specialise in Employee Assistance Programmes, both in the UK and Globally. From the initial search for the EAP which fits with your organisation, we assist with the launch, promotion, and ongoing support throughout the year.



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